

# A

## AMERICA'S GUIDE TO RETREATS

Many of our readers are curious about retreats. What does one do on a retreat? Where does one go? What are some good retreat houses? Simply put, a retreat is an extended period of prayer, usually done in silence, and usually at a retreat house, where a team of spiritual directors helps you find God in your prayer. There are also different kinds of retreats. On a directed retreat, a person meets with a spiritual director on a daily basis to discuss what is happening in prayer. A guided retreat focuses more on one topic (say, women's spirituality) and offers presentations as well as opportunities to meet with a director a few times. Preached retreats consist in listening to presentations and praying on your own, but with less opportunity for direction.

Brought to you by **America MEDIA**  
A JESUIT MINISTRY



### **Jesuit Center for Spiritual Growth**

P.O. Box 223, 501 N. Church Road, Wernersville, PA 19565-0223  
Ph (610) 670-3625; email: mleonowitz@jesuitcenter.org

The Jesuit Center for Spiritual Growth, situated on 240 acres in Wernersville, Pa., is a place of natural beauty, welcoming quiet and spiritual sustenance. We offer a variety of retreats and programs based on the Spiritual Exercises of St. Ignatius Loyola for Roman Catholics, Christians of every denomination and seekers.



### **Ignatius House Jesuit Retreat Center**

6700 Riverside Drive, Atlanta, GA 30328  
Ph: (404)-255-0503 ext. 227

Nestled on 20 acres on the Chattahoochee River, experience God's creation and simplicity of silence at Ignatius House. Surrounded by tranquil paths and natural surroundings, you will enjoy a private room and bath, chef-prepared meals, spaces for prayer, and a sacred environment to encounter God. Weekend, 5-, 8-, 30-day and individually directed retreats. [www.ignatiushouse.org](http://www.ignatiushouse.org).





### **Bellarmino Jesuit Retreat House**

420 W. County Line Road, Barrington, IL 60010  
Ph: (847) 381-1261; email: [info@jesuitretreat.org](mailto:info@jesuitretreat.org)

Bellarmino Jesuit Retreat House is located on 80 acres of rolling meadows and wooded countryside just 40 miles northwest of Chicago. Bellarmine offers silent retreats for men and women based on the Spiritual Exercises of St. Ignatius. Other retreats held at Bellarmine include Kairos teen retreats, 12-step recovery retreats and directed retreats.



### **Christ the King Retreat & Conference Center**

500 Brookford Road, Syracuse, NY 13224  
Ph: (315) 446-2680; email: [ctkretreat@syrdio.org](mailto:ctkretreat@syrdio.org); website: [www.ctkretreat.com](http://www.ctkretreat.com)

Offering private, directed and preached retreats in contemplative setting for all. Directed retreats: June 9-11, June 11-16, July 9-14, Oct. 22-27. Clergy retreat with Dan Horan, O.F.M., June 26-30. Preached weekend with Diarmuid O'Murchu, June 2-4; Simeon Gallagher, O.F.M.Cap., June 11-16; Barbara Fiand, S.D.N.deN., July 9-14. See website.



### **Linwood Spiritual Center**

A Ministry of Society of St. Ursula  
50 Linwood Road, Rhinebeck, NY 12572-2504  
Ph: (845) 876-4178; website: [www.linwoodspiritualctr.org](http://www.linwoodspiritualctr.org)

Linwood's spacious hills overlook the majestic Hudson River in historic Rhinebeck, N.Y. Located five minutes from the Amtrak station in Rhinecliff, N.Y. Check our website, or call for listings of our programs, including private and Ignatian guided/directed retreats.



### **Loyola House Retreats & Ignatian Training**

Ignatius Jesuit Centre  
5420 Highway 6 N, Guelph, ON N1H 6J2 Canada  
Ph: (519) 824-1250 ext. 266; email: [registration@ignatiusguelph.ca](mailto:registration@ignatiusguelph.ca); website: [www.loyolahouse.com](http://www.loyolahouse.com)

A welcoming space for directed and guided retreats, the full Spiritual Exercises experience (40-day) plus training programs in spiritual direction and retreat ministry.



### **Loyola Jesuit Center**

161 James Street, Morristown, NJ 07960  
Ph: (973) 539-0740 ext 24; website: [www.loyola.org](http://www.loyola.org)

Loyola Jesuit Center is located on over 30 acres of beautiful lawns, gardens and woodland in a quiet section of Morristown in northern New Jersey. Loyola is dedicated to creating a rich variety of offerings to meet you where you are in your life and move you deeper as you feel ready and called.



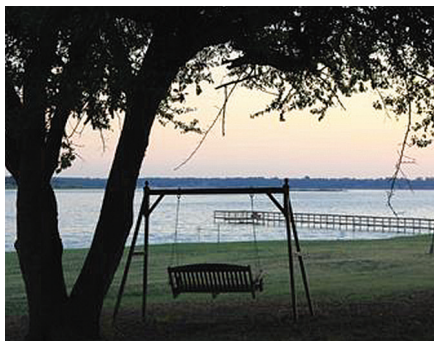
### **Mercy Center Burlingame**

2300 Adeline Drive, Burlingame, CA 94010

Ph: (650) 340-7474; email: [mc@mercywmw.org](mailto:mc@mercywmw.org); website:

[www.mercy-center.org](http://www.mercy-center.org)

Mercy Center Burlingame, a ministry of the Sisters of Mercy, is located on a 40-acre wooded site 15 miles south of San Francisco. Join us this summer for internationally known contemplative teachers, prayerful community, peace and beauty. Check our complete program calendar. We look forward to welcoming you soon.



### **Montserrat Jesuit Retreat House**

600 North Shady Shores Drive, Lake Dallas, Texas 75065

Ph: (940) 321-6020; email: [Info@MontserratRetreat.org](mailto:Info@MontserratRetreat.org)

Montserrat Jesuit Retreat House is a place of quiet, peace and prayer. Rooted in Ignatian spirituality, our purpose is to help you find your own way to God and discover what God hopes and wants in you and your world. Register for your retreat today by phone or online!



### **Sacred Heart Jesuit Retreat House**

4801 North Highway 67, P.O. Box 185, Sedalia, CO 80135

Toll free: (866) 930-1181 ext. 122; Ph: (303) 688-4198 ext. 122

A Colorado oasis of peace and beauty, surrounded by spectacular natural beauty and panoramic views of the Rockies, Sacred Heart Retreat House is the perfect setting for solitude, reflection and prayer. We offer summer directed retreats as well as individual directed retreats year round. For more information, visit [www.sacredheartretreat.org](http://www.sacredheartretreat.org).



### **San Alfonso Retreat House**

755 Ocean Ave., Long Branch, NJ 07740

Ph: (732) 222-2731 ext. 159

[www.sanalfonso retreats.org](http://www.sanalfonso retreats.org); Facebook: [alfonso retreats](https://www.facebook.com/alfonso retreats);

Twitter: [@alfonso retreats](https://twitter.com/alfonso retreats)

San Alfonso Retreat House and Conference Center, a ministry of the Redemptorist fathers and brothers, is situated on eight acres on the New Jersey coast, providing a setting of great natural beauty to meditate and pray, reflect and study, and to be still and listen.



### **Spiritual Ministry House**

4822 Del Mar Avenue, San Diego, CA 92107

Ph: (619) 224-9444; Fax: (619) 224-1082

Email: [spiritmin@rscj.org](mailto:spiritmin@rscj.org); [www.spiritmin.org](http://www.spiritmin.org)

Religious of the Sacred Heart offer year-round directed and private retreats, including the 30-day Spiritual Exercises and self-directed sabbaticals. We are one and one-half blocks from the ocean in comfortable townhouses with large private rooms and baths. Our silent house in naturally beautiful environs invites relaxation and prayer.



# THE JESUIT RETREAT CENTER OF LOS ALTOS, CALIFORNIA

Weekend Retreats with topics such as Ignatian Spirituality, Science and Religion, Grief, Young Adults, and more available

Summer Programs:

- The Spiritual Exercises of St. Ignatius
- 30-Day and 8-Day silent retreats

Individually Directed Retreats  
Conference Facilities

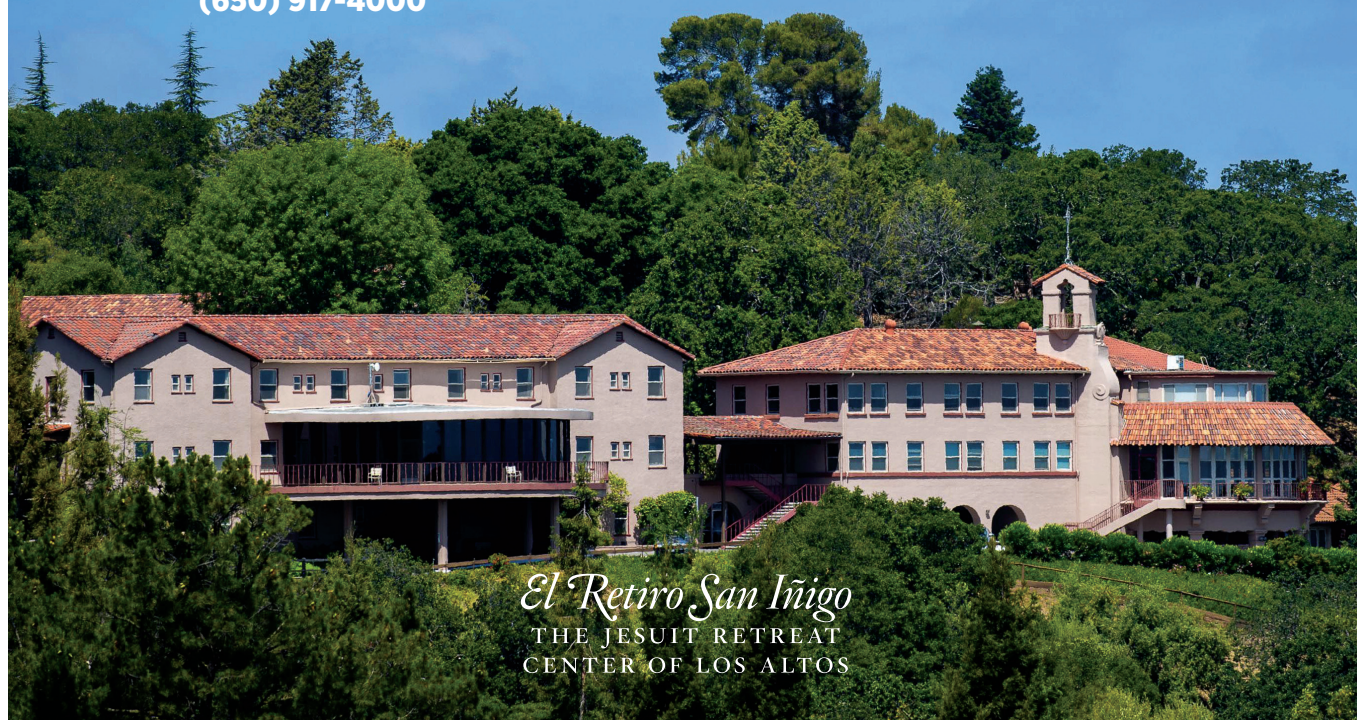
Located 40 miles south of San Francisco

Private en suite rooms

38 hilly acres with scenic views

Delicious, wholesome meals

**[www.jrclosaltos.org](http://www.jrclosaltos.org)**  
**(650) 917-4000**



*El Retiro San Inigo*  
THE JESUIT RETREAT  
CENTER OF LOS ALTOS